

## GHOLSON ISD BREAKFAST MENU MARCH 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2.CEREAL & TOAST	3. CEREAL & TOAST	4.CEREAL & TOAST	5CEREAL & TOAST	6. CEREAL & TOAST
OR	OR	OR	OR	OR
PIG- BLANKET	PANCAKE	BREAKFAST BAR	EGGS, BACON, TOAST	DONUTS
FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP
9. CEREAL & TOAST	10. CEREAL & TOAST	11. CEREAL & TOAST	12CEREAL & TOAST	13.cEREAL & TOAST
OR	OR	OR	OR	OR
SAUSAGE & BISCUIT	FRENCH TOAST	BREAKFAST PIZZA	EGGS, SAUSAGE,	CINNAMON ROLL
FRUIT CUP	FRUIT CUP	FRUIT CUP	BISCUIT	FRUIT CUP
			FRUIT CUP	54 DIV DELEACE
				EARLY RELEASE
16.SPRING BREAK	17.SPRING BREAK	18.SPRING BREAK	19.SPRING BREAK	20.SPRING BREAK
23.CEREAL & TOAST	24CEREAL & TOAST	25.CEREAL & TOAST	26.CEREAL & TOAST	27.CEREAL & TOAST
OR PIG-BLANKET	OR WAFFLE	OR BREAKFAST BAR	OR EGGS.BACON,TOAST	OR BLUEBERRY OR CHOC.
FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	MUFFINS
TROIT COP	PROTI COP	TROIT COP	TROIT COP	FRUIT CUP
30.CEREAL & TOAST	31.CEREAL & TOAST			WE SERVE 1% LOW
OR	OR			FAT MILK & FAT FREE
SAUSAGE & BISCUIT	PANCAKE			CHOCOLATE &
FRUIT CUP	FRUIT			STRAWBERRY.

## \*MENU IS SUBJECT TO CHANGE\*

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable...

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA. Persons with disabilities who require alternative means of communication for programs information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail: U.S.Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;2. Fax: (202) 690-7442; or 3. Email:program.intake@usda.gov. This institution is an equal opportunity provider.