

GHOLSON ISD BREAKFAST MENU JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. NO SCHOOL	2. NO SCHOOL	3. NO SCHOOL
6. NO SCHOOL	7. CEREAL & TOAST OR BREAKFAST PIZZA FRUIT CUP	8. CEREAL & TOAST OR EGG & SAUSAGE WITH BISCUIT FRUIT CUP	9. CEREAL & TOAST OR BREAKFAST BURRITO FRUIT CUP	10. CEREAL & TOAST OR BLUEBERRY MUFFINS FRUIT CUP
13. CEREAL & TOAST OR PIG- BLANKET APPLE SLICE	14. CEREAL & TOAST OR FRENCH TOAST PINEAPPLE	15. CEREAL & TOAST OR PANCAKE ORANGE	16. CEREAL & TOAST OR BREAKFAST PIZZA BANANA	17. CEREAL & TOAST OR BANANA NUT MUFFINS PEACHES
20. NO SCHOOL	21.CEREAL & TOAST OR BREAKFAST PIZZA FRUIT CUP	22.CEREAL & TOAST OR BREAKFAST BURRITO FRUIT CUP	23. CEREAL & TOAST OR PANCAKE FRUIT CUP	24.CEREAL & TOAST OR CINNAMON ROLLS FRUIT CUP
27.CEREAL & TOAST OR PIG-BLANKET FRUIT CUP	28. CEREAL & TOAST OR FRENCH TOAST FRUIT CUP	29.CEREAL & TOAST OR SAUSAGE & BISCUIT FRUIT CUP	30.CEREAL & TOAST OR BREAKFAST PIZZA FRUIT CUP	31 CEREAL & TOAST OR APPLE MUFFINS FRUIT CUP

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA. Persons with disabilities who require alternative means of communication for programs information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the



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information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail: U.S.Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;2. Fax: (202) 690-7442; or 3. Email:program.intake@usda.gov. This institution is an equal opportunity provider.