



GHOLSON ISD BREAKFAST MENU NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WE SERVE 1% LOW FAT CHOC. 100% APPLE, ORANGE, OR GRAPE JUICE. BREAKFAST IS SERVED 7:20 AM. – 7:45 AM.				1. CEREAL & TOAST OR CINNAMON ROLL FRUIT CUP
4. CEREAL & TOAST OR SAUSAGE & BISCUIT W/ GRAVY FRUIT CUP	5. CEREAL & TOAST OR BREAKFAST PIZZA FRUIT CUP	6. CEREAL & TOAST OR BREAKFAST EGGS & SAUSAGE & TOAST FRUIT CUP	7. CEREAL & TOAST OR BREAKFAST BURRITO W/SALSA FRUIT CUP	8. CEREAL & TOAST OR CHOCOLATE CHIP MUFFIN FRUIT CUP
11. CEREAL & TOAST OR PIG- BLANKET FRUIT CUP	12. CEREAL & TOAST OR FRENCH TOAST STICKS W/SYRUP FRUIT CUP	13. CEREAL & TOAST OR SAUSAGE & A BISCUIT FRUIT CUP	14. CEREAL & TOAST OR BREAKFAST PIZZA FRUIT CUP	15. CEREAL & TOAST OR BANANA NUT MUFFIN FRUIT CUP
18. CEREAL & TOAST OR BREAKFAST BURRITO W/SALSA FRUIT CUP	19. CEREAL & TOAST OR PANCAKES W/SYRUP FRUIT CUP	20. CEREAL & TOAST OR HAM /CHEESE CROISSANT FRUIT CUP	21. CEREAL & TOAST OR SCRAMBLED EGG W/ SAUSAGE LINK FRUIT CUP	22. CEREAL & TOAST OR APPLE CINNAMON MUFFIN FRUIT CUP
25. NO SCHOOL	26.NO SCHOOL	27.NO SCHOOL	28.NO SCHOOL THANKSGIVING DAY 	29.NO SCHOOL

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable...

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